

STERLING COMMUNITY NEWSLETTER

APRIL, 2013



The next regular meeting of the Sterling Community Club will be held at the new **“Sterling Community Center”** On Wednesday, April 3rd at 5:30 PM. This will be the first function held at the Center (yea!!). Come to the meeting and see the new Center. The Center is now heated with in-floor heat and it is wonderful, very efficient, with only one boiler keeping it warm. Most all the walls are painted, most of the lights are hung, most of the electrical is finished, the kitchen fan/hood is in, telephone installed, floor in the gym will be laid April 18th if all goes well, then the rest of the flooring in the kitchen, entry and hall, the cabinets, inside doors and the final plumbing need to be done. We still need to order a lot of equipment and install it but we are hoping for a “soft opening” the middle of May. At the April 3rd meeting we hope to set a date for the “Grand Opening Big Event” Probably sometime in early June!!

Here are some of the results from the **User Survey** we conducted on the web. About seventy families took time to answer the survey and we really do appreciate all the input and volunteer offers we received. We will try to contact some of those volunteers in the near future but some of you didn't leave your name or email address so please contact us at 262-7224 or 262-9811.

I will just highlight some of the things that had a lot of support;

For Sports---baseball, basketball, gymnastics, hockey, pingpong, soccer (indoors and out), tennis, volleyball, xc skiing & open gym. Some other **things of interest** were; gym walking, archery, 4H, Boy & Girl Scouts, gardening (big interest), Chamber of Commerce, guns (big interest), hunting, ice-fishing, ice skating, knitting circle, sewing, snowmachining, toddler time, &Tops. **Events & Classes** people would attend are such things as; Adult Dine/Dance, Bingo, birthday parties, Line Dance, exercise classes, board game nights, card games, Christmas party, 4th of July celebration, Teen functions & dances, fund raisers, pot lucks, receptions, weddings, trade shows, church dinners, company parties & funerals. Again, I want to thank all the people that participated in this survey and it helps a lot to try and offer things to the community that there is interest in.

We are starting to work on a schedule for use of the facility, so if you are planning a function or activity and you would like to use the Center, please call the above numbers so you can reserve the space and date.



On another note, the Sterling Community Club is still accepting applications for the AMERICORPS Job Opening for a "Community Center Program Coordinator". This position is somewhat of a volunteer service type of position but it does pay about \$1200.00 per month. It has some health benefits, child care and a stipend at the end of the year for either \$1,500.00 cash or \$5,500.00 in college tuition fees. It also offers training in Los Angeles for 5 days at their expense. It is an excellent opportunity for someone to get some learning experience in leadership and also have some experience to add to their resume'. You must apply on line on the AMERICORPS website. Please call Melissa Daugherty for more info at 907-252-5909.

Miss. All Around Girl Pageant

Sponsored by Sterling Community Club

When: Friday, August 2nd, 2013

Where: Sterling Community Center (corner of Sterling Highway and Robinson Loop, next to the Sterling El. School)

Ages: Preschool – 1st grade Miss. All Around Youngster



2 nd – 5 th grade	Miss. All Around Girl
6 th – 8 th grade	Miss. All Around Teen
High School	Miss. All Around Young Woman

* Age groups may change depending on numbers in each category

Registration Deadline : Last day to register is Monday June 10th but space is limited. Sterling residency is not a requirement to participate in the pageant.

Categories:

- * Talent (individual performance – reciting a poem, dancing, singing, etc, 30 – 90 seconds)
- * Volunteer Work
- * Grades
- * Presentation (formal attire)
- * Communication (answering questions)
- * Health / Fitness (physical routine performed in a group)

Schedule:

- * Pageant August 2nd / 3rd
- * Sterling Community Day August 3rd

Sponsor Fee:

\$100 sponsorship fee (this fee will help pay for awards, staging, decorations, sashes, etc) scholarships are available with Sterling Community Club Board approval

Registration / More Information

Melissa Daugherty call or text #252-5909 / email: melissa_daugherty@hotmail.com

Message: Hello, I'm working with Sterling School on a School Yard Habitat Project. We had a meeting yesterday and the idea of a small garden came up, ideally located near the schools green-house right near the property line with the Sterling Community Center. In the garden would be simple plants that the school children could plant and harvest and wouldn't require care for the summer (Potatoes, Raspberries, Wild flowers) Would there be anytime at the April 3rd meeting to ask permission to do this ? Thanks, Dan Funk

STERLING SENIORS

In the April issue of the Senior Center's Newsletter is a form to be filled out by anyone who would like to volunteer for activities at the center. Instead of the office calling randomly for people to fill vacancies for work as volunteers on special occasions, we thought we could keep a file of potential volunteers to call on when the need warrants it. If you would fill out the Volunteer Questionnaire and drop it off at the office or mail it in, we would appreciate it. We know people cannot be available for all activities but your participation would really save some time and effort when we need to ask for assistance. Thanks in advance for your help. And a reminder, you don't have to be a member here to be a volunteer. Meals on Wheels deliveries can be a very rewarding volunteer effort for the community.

This month we are having a fund raiser that is entitled "Italian Feast" and as the name implies, it will be a very filling night. Be sure to show up and fill up on the Italian cuisine. \$15 per person, \$7.50 for 12 and under, 3 and under free. Invite all your friends and neighbors. It will be a spring treat. Help celebrate the Center's 25th anniversary throughout the year.

On April 2nd from 1-2pm an Attorney, Cassandra Brulotte, from Alaska Legal Services Corporation will be at the Center to do a presentation to seniors on wills and probate issues. This is of great value to many of us. Plan to attend if possible.

There has been quite a crowd here on the Saturdays that the carving club meets. Drop in on them some Saturday and say hello and see some of the great things they are creating. Don't forget to file

your Income Tax return. *Mike McKinley-Director*

Attention Sterling

Beginning April 4th the **Sterling Senior Center** will resume "Card Night". No matter what fun activity you enjoy - you and your friends can come and enjoy a "free" night out.



Currently we have people who play card games: "Hand-n-Foot" and "Double Deck Pinochle". Another group is playing "Mexican Train" or "Chicken Foot" which is played with dominoes. A Pot Luck Dinner begins at 6:00PM. Fun & Games start after the Pot Luck dinner.

Sterling Head Start:

We are continuing our enrollment for our fall 2013 program for 3 and 4 year olds. If you would like to enroll your child you can either stop by the office or call us at #260-7446.

April begins our last scheduled parent/teacher conferences. These conferences are scheduled home visits. At these conferences the teachers will go over the children's spring assessment, individual goals, health updates, school readiness goals, and transition information for children going into kindergarten. Some of the school readiness goals we work on at Sterling Head Start include demonstrating an understanding of number concepts, counting, comparison and measurement. We also work on developing their reasoning skills and understanding of symbolic representation.

Our Federal Review is scheduled for the week of March 7th. There will be a large team coming to Alaska from the lower 48 and they will be visiting every RurAL CAP Head Start site. They will be at the Sterling site for one day during the week. The members of the team will be observing the teachers with their children, talking with current parents, and evaluating our policies and procedures. We run a fantastic program so this evaluation should go very smoothly.



Citizens Corp

Encountering an active shooter

#1 of 4

Even on the Kenai Peninsula you are not protected by the individual (s) who decide to go on a rampage. We have already had at least one such incident---at our local Central Peninsula Hospital. Your survival may be determined by your awareness and preparation.

- 1. Take time to understand your surroundings and environment before an emergency occurs.**
- 2. Take note of the two nearest exits in any facility you visit.**
- 3. Ask yourself, “What if” questions and develop a plan.**
- 4. Make a decision, trusting your instincts, to take action to protect yourself to survive the situation. You generally have three options:**
 - . Evade: Can you safely escape?
 - . Secure-in-Place: Is there a good place to hide?
 - . Defend: Will you confront the shooter?
- 5. Remember victims are selected at random. The event is unpredictable and evolves quickly.**



From the Editor-Grace Merkes--

I hope you all enjoy reading the Sterling Newsletter and this information is helpful to you. Please remember that all your group, church, organization or business news is always welcome and we will try to publish all the news from Sterling that we can. HAPPY SPRING!!