

STERLING COMMUNITY NEWSLETTER

MARCH, 2013



STERLING COMMUNITY CLUB;

The regular meeting off SCCI was held on Feb. 11th at 6:00 PM. Minutes and Treasurer's report were approved. Bob Oakes gave a Construction Progress Report. All areas are sheet rocked/insulated and taped; Gym is all done and painted. Lights will go up next week and phone hookup April 1st. Glycol was put in the heating coils for the floor heating system and the boilers are running. The storage water tanks were filled by the



CES fire department (thank you CES!!) and the sprinkler system should be done by Monday. Got bids on a generator so we can have Emergency Center status. Smoke detectors installed in all rooms. Gym floor will be laid March 28th. Bob Oakes is taking bids for the rest of the flooring for the other areas. We bought some of the kitchen equipment from the Pour House at a reduced price but it is practically new equipment. We are checking on getting some in-kind donation of equipment from the Kenai Peninsula College.

Other items discussed were; the gaming permit, report on the use survey, the website, Facility pricing, scheduling, policy and procedures, membership fees & base rates for use. A list of basic fees will be on the website when approved. We are still trying for an end of April soft opening. If you have

a function, event, class or meeting you would like to rent space for at the Sterling Community Center, you can call Kathy Becher at 252-6812 or email her at becherKathy@hotmail.com

We are advertising for applicants to work as an AmeriCorps person to help get programs started at the Center. Applications are available either on the AmeriCorps website or at the Kenai employment office. This position pays about \$1,200.00 per month, some health insurance, possible child care if you qualify and a stipend at the end of the first year of either \$1,500.00 cash or \$5,500.00 in education expenses. AmeriCorps also pays for training for 5 days in California. We will be interviewing applicants the end of March. Call Melissa Daugherty for more information at (907)-252-5909 or email melissa_daugherty@hotmail.com Next meeting will be announced at a later date and hopefully be held at the Center.

STERLING SENIOR CENTER NEWS;

We are currently enjoying some very nice winter weather. Temperatures have been in the 20's during the day and above zero at night. We're able to enjoy the outdoors that we've come to love. Get yourself out for walks, snowshoeing, skiing, ice fishing or just wrestling in the snow with your dogs or someone special. Sitting in the house isn't good for us. The days are getting longer and we can look forward to spring. YAY for spring! Don't forget to "spring ahead" with your timepieces on March 10th.

Last month the Senior Olympics were held around the peninsula. Sterling had good

STERLING COMMUNITY NEWSLETTER

MARCH, 2013

participation this year and ended up with a half dozen medals including a Gold won by Geoanne Reichert. A total of 80 seniors participated from around the Peninsula. The travelling plaque for the most points was won by Kenai. Hopefully we'll get an even larger turn out next year.

Easter is early this year. It will be on March 31st. Make sure to remember the day for what it celebrates and don't forget to get your baskets ready early.

Also in March is St. Patrick's Day. We'll have a fundraising dinner on March 9th and are planning a great menu. We still need volunteers to help with the dinner, preparations, and clean up. Sign up at the entry counter. The dinner will be \$15 per person, \$7 for children 3-12, free for children under 3. Invite your neighbors and friends. If you don't they'll be GREEN with envy.

We're always looking for volunteers for our activities. Stop in and donate some of your time to your neighbors. Have a great month.

Mike McKinley
Director

STERLING ELEMENTARY NEWS;

Sterling Elementary will kick off Kindergarten registration for the 2013-2014 school year by holding a Kindergarten/Pre-school Fair on Saturday, March 23rd @ 10:00 – 12:00 in the Sterling Elementary Gym. If families are not able to attend the Kindergarten Fair they are invited to come to the school to fill out registration paperwork starting on Monday, March 25th through Friday, March 29th. Incoming kinders and their families are invited to visit

the kindergarten classroom on Thursday, March 28th @ 10:30 – 11:30.

Krissy Mahan
Secretary, Sterling Elementary
907-262-4944
907-262-5128 fax
kmahan@kpbsd.k12.ak.us

STERLING HEADSTART;



Sterling Head Start has had a wonderful and very busy February. Staff met individually this month

with at least one parent in every family to share the progress of their child's individual child development and discuss family goals. Some of the highlights in February were a Valentine's Day party, an ice fishing trip to Scout Lake, A visit from Mrs. Toothpaste, and a group activity from "Growing up Tobacco Free". Themes for this month were Transportation, Love & Friendship and Healthy Teeth, Healthy Mind, Healthy Body.

March 5th Shannon from Peninsula Community Health Services will be providing a workshop for our Head Start Families entitled, "Stop & Smell the Roses". The emphasis will be on slowing the pace down a bit, empowering our kids, and connecting as a family. The center will also have a Parent Experience topic that covers basic kindergarten transition information.

STERLING COMMUNITY NEWSLETTER

MARCH, 2013

Sterling Head Start will have an enrollment table at the Pre- K Fair inside Sterling Elementary School on Saturday, March 23rd from 10am-12pm. Families with children ages 3-5 are encouraged to stop in and complete a Head Start application. Sterling Head Start offers A.M. and P.M. class times. The Program runs Monday-Thursday from 9:00-12:30(am class) and 12:30-4:00(pm class). Please bring income verification (tax return information or last 30 days of paystubs) and immunization records for your child. Head Start welcomes families of children with special needs. Limited bus transportation is available. If you can't make this date and time just stop by our office at Mile 81 ½ or call us at 260-7446. Thanks.

OFFICE OF SENATOR GIESSEL;

Perhaps you could include the following info:

To keep constituents informed, State Senator Cathy Giessel sends out weekly e-newsletters. Earlier newsletters can be found at <http://alaskasenate.org/giessel/>. If you would like to subscribe to these e-newsletters, send an email to Sen.Cathy.Giessel@akleg.gov or call 1-800-892-4843. Thanks!

Lindsay Williams

Office of Senator Cathy Giessel
State Capitol
Juneau, AK 99801
Office 907 465 4861
Fax 907 465 3871

CITIZENS CORP: HURRICANE/WIND STORMS (3 OF 3) AFTER A HURRICANE/WIND STORM

- Continue listening to a NOAA Weather Radio or the local news for the latest updates.
- Stay alert for extended rainfall and subsequent flooding even after the hurricane or tropical storm has ended.
- If you have become separated from your family, use your [family communications plan](#) or contact the American Red Cross at 1-800-RED-CROSS/1-800-733-2767 or visit the American Red Cross Safe and Well site: www.safeandwell.org

The [American Red Cross](#) also maintains a database to help you find family. Contact the local American Red Cross chapter where you are staying for information. Do not contact the chapter in the disaster area.

- If you evacuated, return home only when officials say it is safe.
- If you cannot return home and have immediate housing needs. Text **SHELTER** + your ZIP code to **43362** (4FEMA) to find the nearest shelter in your area (example: *shelter 12345*).
- For those who have longer-term housing needs, FEMA offers several types of assistance, including services and grants to help people repair their homes and find replacement housing. [Apply for assistance](#) or [search for information about housing rental resources](#)
- Drive only if necessary and avoid flooded roads and washed-out

STERLING COMMUNITY NEWSLETTER

MARCH, 2013

bridges. Stay off the streets. If you must go out watch for fallen objects; downed electrical wires; and weakened walls, bridges, roads, and sidewalks.

- Keep away from loose or dangling power lines and report them immediately to the power company.
- Walk carefully around the outside of your home and check for loose power lines, gas leaks and structural damage before entering.
- Stay out of any building if you smell gas.
- Inspect your home for damage. Take pictures of damage, both of the building and its contents, for insurance purposes. If you have any doubts about safety, have your residence inspected by a qualified building inspector or structural engineer before entering.
- When reentering your house, use battery-powered flashlights in the dark. Beware Gas leaks!!! Do NOT use candles. Note: The flashlight should be turned on outside before entering - the battery may produce a spark that could ignite leaking gas, if present.
- Avoid drinking or preparing food with tap water until you are sure it's not contaminated.
- Check refrigerated food for spoilage. If in doubt, throw it out.
- Wear protective clothing and be cautious when cleaning up to avoid injury.
- Use the telephone only for emergency calls.
- **NEVER** use a generator inside homes, garages, crawlspaces, sheds, or similar areas, even when using fans or opening doors and windows for ventilation. Deadly levels of

carbon monoxide can quickly build up in these areas and can linger for hours, even after the generator has shut off.

STERLING AREA SENIOR CITIZENS
34453 Sterling Hwy., Sterling, Alaska
99672 (907) 262-6808 / Fax (907) 262-3883

March 1, 2013

Mr. Jon Joseph Krokey has donated a 1996 Ford F150 extended cab pickup truck to the Sterling Senior Center. We will take bids for this vehicle until March 31, 2013 in its "as is" condition. The truck is parked in front of the Center with license plate EUD480. A description of the vehicle and any known faults follows:

1996 Ford F150 Extended Cab Electrically operated 4WD that is operable Fiberglass cap over full bed Rear tank switch valve inoperative Doesn't use oil Has been filled with Mobil 1 oil since new 210,800 miles +/- on odometer Flapper valve in heater sticks which means heater doesn't work at times Engine seems to run fine Drives ok Worn tires, spare in truck bed Sounds like a u-joint may be going in the front wheel drive State of Alaska title has been signed by the owner for transfer Current registration expires June 2013

Bids may be given to Mike Endsley at the greeter desk, to myself, or to Shae Leggett in the office or, you can also mail it to the address below. The successful bidder will be announced at lunch time on Monday, April 1, 2013. You all know what day that is.....

Good bidding.

Mike McKinley Director Sterling Area Senior Citizens, Inc. 34453 Sterling Hwy Sterling, AK 99672

STERLING COMMUNITY NEWSLETTER

MARCH, 2013

Needs

By [Bill Lowe, Sterling](#)

Published in the Peninsula Clarion

Respect the elderly while you are still young;
watch each word before it leaves your tongue,
and sing out loud, songs that need to be sung.

Rejoice with people who try to do their best;
give a friendly boost, help encourage the rest.
Stand up for needs, that need to be addressed.

As you journey through life, plant good seeds;
extend your helping hand by doing kind deeds.
You'll be blessed, filling another man's needs.

The gift God has given you be willing to share,
be alert, kind, courteous and be ever aware;
some need only a little, some need extra care.

Many a need is not spoken, they're left unsaid,
so listen with your heart as well as your head,
and be open to needs at home or widespread.

Yes, we all have needs and I'm hopeful indeed
we may each help a friend or stranger succeed
and be assistance to them with a current need.

***Note from the Editor,
Grace Merkes. Thanks
for all the information
that was submitted and
I hope this is helpful
for all that read it.
Don't forget to spring
ahead on March 10th.
Happy Easter!!***

