

STERLING COMMUNITY NEWSLETTER

SEPTEMBER, 2013



Sterling's New Community Center

STERLING COMMUNITY CENTER NEWS

The Sterling Community Center welcomed their new VISTA, Debbi Harley, who will be working as program coordinator. In August, we started a circuit training routine during the 9:00-10:00 a.m. hour Mondays, Tuesdays, and Thursdays, and Men's/High School basketball on Thursdays from 6:00 p.m. to 8:00 p.m. Also continuing for the early birds, is the "Early Morning" exercise program at 6:30 a.m.

We are getting our "After School Program" up and running – we're looking forward to having a lot of students take advantage of that. For a whole year, a student can be at the facility for an annual fee of only \$85.00. That's only about .25cents per day.

In **September**, we'll be adding a **Quilting and Sewing Class on Tuesday evenings at 6:00, starting on the 10th.**

At the time of this writing, the spaces are almost filled (about 34) for the **Craft and Vendor Fair which will be held Oct. 12th.** If you were thinking of joining that, give us a call as there are only a couple of spaces left.

Debbi is still in the research mode, so if you have any ideas you would like to share, or volunteer for, stop in and see her between noon and 8 p.m. on weekdays, or call her at the Center at 262-7224.



Some of the other happenings at the Center in the past month included the **"Miss All-Around Contest"** and the first "Sterling Triathlon". Both were considered great successes!!

This picture shows all the beautiful and talented girls with their winning smiles. There were 4 age groups each with a 1st place \$200.00 winner. There was also, 2nd, 3rd place plus, talent, health & fitness, interview, & poise winners. Great job to all of them!! I'm sure they are all looking forward to next year's contest, along with a lot of other girls.

The Sterling Community Center hosted a **Triathlon** on Saturday, August 17th! It was a fun success! The participants had to be in teams of two as the course was made for partners. It included a 1.7 mile run, a 1/2 mile canoe on the Moose River and a 5.6 mile bike! Whew!! We were excited to have an Iditarod champion Mitch Seavey and his oldest son on a team! The first place team was the "Stick People" (Conway and Tekla Seavey) finishing the course at 37 minutes and 19 seconds & winning \$200! The second place team was "The cousins" (Matthew Daugherty &aleb Streiff) finishing it in 39 minutes and 4 seconds & won \$100. Finishing in third place was team "We-No-Nah" (Briana and Ryan Brumley) right on the heels of team "Cousins" with a total time of 39 minutes and 17 seconds winning \$50! Runners up included Team "Detrow-Mental" team "Wrecking Crew" "Granny's Rock" Team "Rudstrom" Team "Overdogs" And the team that added a fourth event, swimming was team "Putting Pierces" when they flipped their canoe! After the race, all enjoyed a chili feed, hot coffee and conversation at the Center. It was really nice to see some of the senior faces of Ty Hanley, Roy Baldwin and Leon Merkes at the Center. We will be sponsoring this fun event next year as well.



For more info. or pre register for next year email Jennifer Waller @ un-chained@outlook.com

Mark your calendar for these happenings at the Sterling Community Center;

- **Sept. 4th Sterling Community Club general board meeting**
- **Oct. 1st ELECTION Day voting (all Sterling Precincts)**
- **Oct. 2nd HEA annual community meeting**
- **Oct. 12th "Official Grand Opening Dinner/Auction" in conjunction with Sterling Head Start**
- **Oct. 19th Vender & pre-Holiday Fair (3 to 5 spaces left)**

Sterling Head Start staff will be at the Head Start center preparing for the school year next week. Staff will be calling parents to inform them of the upcoming orientations which will be held Sept. 9th from 11-12 for the a.m. class and 1-2 p.m. for the p.m. class. The orientation meeting will be held at the Sterling Community Center.

Sterling Head Starts first day for the 2013-2014 school year will be September 11th with a.m. class beginning at 9 a.m. and p.m. class beginning at 12:30. There is no bus service the first day of school.

Parents may call the Head Start at 260-7446 with questions. Calls will be returned in the order they are received

Sterling church hosts AWANA program

Sterling Baptist Church is starting an AWANA program this year, every Wednesday, starting Sept. 4 from 6-8 p.m. The club will meet at Sterling Baptist Church. Children 3 years old through sixth grade are welcome. Call Sterling Baptist for more information at 262-4711.

Sterling Pentecostal Church

50th Anniversary

Sterling Pentecostal Church is celebrating its 50th anniversary with services September 19-22. The service schedule will be:

September 19, Thursday	7:00 p.m.	Greg Glover
September 20, Friday	11:00 a.m.	J. R. Blackshear
	7:00 p.m.	Greg Glover
September 21, Saturday	11:00 a.m.	G. A. Parrish
	7:00 p.m.	Greg Glover
September 22, Sunday	10:00 a.m.	Geoff Glover
	11:00 a.m.	Greg Glover

Refreshments will be served each night after the evening service.

Kenneth and Louise French began services in Sterling on September 12, 1963. The church quickly grew with many new converts, especially young people. They served for over thirteen years and then turned the work over to Ron and Dixie Cole, who also served for just over thirteen years. Mitch and Alicia Glover arrived in July of 1990 to assume the pastorate. Please join in celebrating this event with the Glovers and the church as they reach this landmark. The church is located on Swanson River Road and Entrada.

From the Sterling Senior Center; by Grace

I understand that the Director, Mike McKinley, of the Senior Center is on vacation so I will put a few things that I know of that are happening at the Senior Center. The Center had a very successful Quilt auction, Loose Change Raffle, the Salmon Classic, the Pie Auction and a celebration of the Senior Center's 25th year of incorporation. Sounds like this was a very busy month! The new storage and maintenance building has been erected. The memorial garden looks great and has a new water line to it.

- There will be a big Garage Sale September 13th and 14th from 10-4.
- Art Brown says he is looking for a volunteer to help the seniors prepare their taxes for the 2013 season.
- Road Cleanup is scheduled for September 9th.
- The SASCI Choir will perform at the United Way fund raiser October 12th. "Life after 50...60...70...The Aging of a Choir", a musical look at the aging process.
- Also a musical performance by Elena Corey & Jim Pate, Friday, Sept. 6th at 7 pm at the Sterling Senior Center.



This is a picture of our wonderful volunteers, organized by Froggie and the Sterling Brotherhood, putting up sound board so the acoustics will be wonderful the next time we hold a big event at the Center. Can't thank these guys and gals enough. The gals also did a great job of cleaning the kitchen and all the pots, pans and utensils. Thanks to all we couldn't get along without volunteers.

SOLDOTNA STARS HOCKEY
Soldotna High School Booster Club
PO Box 1614, Soldotna AK 99669



Dear SoHi Hockey Fans,

Another year of Soldotna High School Hockey is almost here and the SoHi Hockey Booster Club is now selling ads for our 2013-2014 hockey programs. We expect our team to have a great year and hope you will be a part of our success.

High school hockey is largely dependent on money raised by the SoHi Hockey Booster Club. The funds we raise cover the ever growing costs of ice time, referees, uniforms and travel expenses.

Please help support our youth, who benefit from this exciting sport by placing your ad today! Not only is this tax deductible, but your ad will be viewed in approximately 200 programs which will be made available at all home games free of charge to all hockey fans. Ads must be received by October 18, 2013.

As a token of our appreciation, you will receive 2 free tickets to one of our games this year.

We look forward to seeing you at the games. If you have any questions, please contact Barb O'Lena at 394-4645, or you can email your ads to bdolena@gmail.com.

Thank you for your continued support!

Sincerely,
The SoHi Hockey Booster Club

Tax ID 92-0030923

The Kenai Peninsula College is hosting a Blood Drive on October 9th from 8am-3pm in the parking lot of the new KPC Student Housing Dorm building. Free Dorm Tours available at same event. Must sign up for appointment to donate blood by calling 262-0347. Questions? Just ask! Kathy Becher, FNP.

Mark your calendar for the Kenai Peninsula College's 8th Annual Health Fair open to the public on November 2, more details in October Newsletter or call 262-0347.

Tips from Citizens Corps

Encountering an Active Shooter

(#6 Of 6)

1. If Law Enforcement has not arrived,
CALL 911 ONLY WHEN IT
IS SAFE TO DO SO

2. HOW TO RESPOND
WHEN LAW ENFORCEMENT ARRIVES

- Remain calm and follow instructions
- Put down any items in your hands (i.e bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask officers for help or direction when evacuating

3. INFORMATION

YOU SHOULD PROVIDE TO LAW

ENFORCEMENT OR 911 OPERATOR • Location of the active shooter

- Number of shooters
- Physical description of shooters
- Number and type of weapons held by shooters
- Number of potential victims at the location

Please "Like" us on Face Book at Sterling Community Center and keep up to date on all the happenings at the New Center!! You can also email us at sterlingcommunityclub@live.com or phone at 907-262-7224



From the Editor-Grace Merkes--I hope you all enjoy reading the Sterling Newsletter and this information is helpful to you. Please remember that all your group, church, organizations, individual or business news are always welcome and we will try to publish all the news from Sterling that we can. Birthday, weddings, graduations, specials at businesses anyone?? merkes2@yahoo.com HAPPY FALL!!