

STERLING NEWSLETTER

FEBRUARY 2013

Sterling Community Club:



The monthly meeting of the SCC was held on Monday, Jan. 21st. Bob gave an update on the status of the construction on the Community Center. Several contractors are behind schedule

which makes other subs. behind. However, you can't blame them with all the cold weather we've had and the heat isn't up and running in the building yet, only have temporary heat. Danlin Const. was hired to do some unfinished carpenter work, Glacier Electric is completing their work and Redoubt Plumbing is working on completing most of the plumbing and installing the boilers. A lot of the insulation is in and sheetrock has been hung in the lockers, storage rooms, mechanical room and some of the gym. We are waiting on the contractor to install the fire alarm and security system so we can complete the sheetrock. ACS donated the entire phone system along with the installation (over \$4500.00 value) Thank you ACS. We already have bookings for the gym for June 29th and August 2nd.



Brenda is working with Dan Funk/Dept. of Natural Resources to plan for some trails, both nature and safety. They are working on ideas to do a nature trail behind and next to the fire station and a safety trail 2 miles each side of the school. A meeting will be held at the Sterling School on Jan. 31st in the library for planning purposes. All are invited; call the school for the time.

Grace and Barb Blakeley are working on getting a raffle permit from the state so we can hold raffles for a fundraiser.

Next regular meeting is Monday, Feb.11 at 5:45 upstairs at Head-Start unless changed.

A VISTA person has been approved to work for the Community Center to establish programs and activities for the coming year. See below for more information for job applications for the position.

Job application / More Information

Here is the address to apply for the VISTA position for the SCC.

<https://my.americorps.gov/mp/listing/viewListing.do;jsessionid=nppQRCfp0JTGSj0YyJgydh99J14s8HzdFPfKfGjzZNjhPjhWt4SL!-1016497514?id=48397&fromSearch=true>

Note that a college degree is not a requirement. There should be job applications at the Kenai Job Center as well. Closing date for applications to be received is February 28th. A person must be selected by March 5th and that person will go to training in California on April 15/18th and start work on April 19th.

For more information on this position please contact Melissa Daugherty; call or text at 252-5909 email melissa_daugherty@hotmail.com

Sterling Community Club web-site is www.sterlingcommunityclub.com and our email address is sterlingcommunityclub@live.com

For Facebook go to sterlingcommunitycenter. All these sites should have the job application on.

On another note, here is a survey link where we are asking for input on what kind of programs and events you would like to see at the Sterling Community Center

<https://www.surveymonkey.com/s/R73YJJG>

Sterling Elementary School:

Sterling Elementary will kick off Kindergarten registration for the 2013-2014 school year by holding a Kindergarten/Pre-school Fair on Saturday, March 23rd from 10:00 – 12:00 in the Sterling Elementary Gym. If families are not able to attend the Kindergarten Fair they are invited to come to the school to fill out registration paperwork starting on Monday, March 25th through Friday, March 29th. Incoming kinders and their families are invited to



visit the kindergarten classroom on Thursday, March 28th from 10:30 – 11:30 AM.

Thanks,
Krissy Mahan
Secretary,

Sterling Elementary

907-262-4944

907-262-5128 fax

kmahan@kpbsd.k12.ak.us

Sterling Head-Start:

The children of Sterling Head Start have been having a great time since they have returned from winter break. Ms. Jane from the Safe Kids program and Safety Seal visited Head Start and spoke with the children about how to stay safe in the winter. The themes for learning in January were arctic animals, space, travel, and culture. The children loved the astronaut ice-cream that Ms. Patty brought in to share. They enjoyed painting their very own planets and enjoyed the days when it was warm enough to play on the bright blue & red playground equipment. The children enjoyed a fabulous pancake breakfast with twenty dads and grandpas who visited the center for a special day. Six dads prepared breakfast for the hungry staff and kids and then everyone sat down together to enjoy a family style dining experience.

The children look forward to the upcoming ice fishing field trip in February with Head Start staff and family members.

Sterling Head Start would appreciate empty cereal boxes to use for Valentine's Day mailbox projects and any supplies for the writing center would be helpful. The children love small notebooks, envelopes or any kind of stickers.

Miss All Around Girl
Pageant

Sponsored by Sterling Community Club

When

Friday, August 2nd, 2013



Where

Sterling Community Center (corner of Sterling Highway and Robinson Loop, next to the Sterling Elementary School)

Ages

Preschool – 1st grade Miss All Around Youngster
2nd – 5th grade Miss All Around Girl
6th – 8th grade Miss All Around Teen
High School Miss All Around Young Woman
* Age groups may change depending on numbers in each category

Registration Deadline / Limited Space / Eligibility

Last day to register is Monday June 10th but space is limited. Sterling residency is not a requirement to participate in the pageant.

Categories

* Talent (individual performance – reciting a poem, dancing, singing, etc, 30 – 90 seconds)
* Volunteer Work



* Grades
* Presentation (formal attire)
* Communication (answering questions)
* Health / Fitness (physical routine performed in a group)

Schedule

* First information meeting will be some time during the week of June 10th
* Meet once per week for the month of July
* Meet 4 times the week of July 29th
* During the month of July the girls will participate in the 4th of July parade, perform their talent and volunteer at a local nursing home and complete volunteer work together.
* Pageant August 2nd / 3rd
* Sterling Community Day August 3rd

Sponsor Fee

\$100 sponsorship fee (this fee will help pay for awards, staging, decorations, sashes, etc) scholarships are available with Sterling Community Club Board approval

Registration / More Information

Melissa Daugherty call or text #252-5909 / email melissa_daugherty@hotmail.com

Sterling Seniors:

ICE ROAD TRUCKERS!! That's what we all were for a few days in January. We've had some very strange weather this winter; first, severe cold in November and December and then the thaw in January. We have to be flexible, I guess.

The icy roads kept a lot of people from attending the ice cream social on January 15th, but those in attendance had a great time with lots of banana splits being consumed. We even had slave labor from the Board of Directors and other volunteers.

January 26th the Mason's and the Horse and Livestock 4H club blessed us with an old fashioned Catfish Fry. Love the Hush Puppies. Love the Mason's and 4H group, too. They are great friends of the seniors.

Speaking of volunteers, we are in desperate need of Meals on Wheels drivers and substitutes. That program is one of our major community projects and due to a lot of seniors going outside in winter and the hazardous driving conditions we are lacking in volunteers to cover the positions. I'm hoping we can reach out to others in the community that may not be members of SASCI that can help us out and volunteer for those daily deliveries, Monday through Friday each week. Please ask your neighbors and friends if they can help us out by volunteering for this program. The route is approximately 45 miles and takes a couple of hours to complete. We have detailed directions to cover the route. The Center pays a fuel stipend of \$15 per day for each day driven. It's a great opportunity for some residents of the area to serve their neighbors.

February will bring longer days and more cold temperatures. Warm yourselves up at the Senior Center and enjoy one or more activities and a great lunch menu.

We're planning a Mardi Gras Ball on February 9th. We'll have Cajun music with some beer and wine for purchase. Come as you are, or masked, for the Ball.

We'll be having some special events this year to commemorate the 25th Anniversary of the Sterling Area Senior Citizens, Inc. Make sure to join us in our celebrations. With a membership of only \$25 per year for persons 50 years old and up, it is a very reasonable fee to join. We always welcome everyone to our special events, not just members. We also have Life memberships for \$250 for present age of 50-54, \$200 for 55-64, \$150 65-74, and \$100 75 and up.

There is no requirement to join the center to enjoy our daily lunches which asks for donations at the door for members of \$6 and non-members \$8. We have great meals every day! This is one of our major outreaches along with the Home deliveries. Stop in and visit any time. Our hours are 9am-3pm Monday through Friday. Special events are posted on our sign and announced in the local media.

Mike McKinley-Director

For your information:

FYI there are two health fairs coming up in February,

1. Kenai Peninsula College Community Health Fair
Wednesday Feb 13, 9-4pm at KPC
2. Central Peninsula Hospital Health Fair
Saturday Feb 23rd at SOHI

Other info from Sterling community Club:

Bob Oakes, President of SCC, has requested the community's help in locating some facility items that will save money by obtaining used or donated. Below is the list of items we should all be on the lookout for!

Contact Bob if you know of any good leads to obtain these items either by donation or discount price

252-3297 or oakes@alaska.net

Items needed to complete the Sterling Community Center Building

10 each - Computers & Monitors

Networking Firewall

Copier

Fax

Audio Visual Equipment including Main Panel

PA system

Telephone / Internet Main Panel including a Conference Phone

system for the Library/Conference Room

Security Camera System – 16 inside & 12 outside

Entry Lock System – Keyboard &/or Card swipe

Concession Stand Equipment

Vending Machines

Lockers for two Locker rooms

6 each - Parking Lot Light Poles

Flag Pole

Folding Tables – 100 each

Folding Chairs – 500 each

Office Chairs – 5 each



Banquet Chairs – 500 each
 Signage
 12 each - Lighted Exit Signs
 1 each - Men & Woman Restroom Signs
 each – Multi-use restroom sign
 1 each - Directors Office
 2 each - Kitchen
 2 each - Locker Room
 1 each – Library



Kitchen Equipment – Freezers,
 Refrigerators, Microwaves,
 Toasters, Warmers, Buffets (hot
 & cold), Tables

Kitchen Supplies – Pots & Pans,
 Drink Ware, Serving Ware, Dishwasher Dish
 Racks, Silverware
 Sports Equipment for the Indoor Gym
 4 each - Flush Mount Backboards
 2 each - 8' Offset Backboards
 2 each – Scoreboards
 Volleyball Stanchions (in-floor) & Net
 Soccer Nets
 Library Book Shelves
 Pool Table, Air Hockey & Foosball Tables
 Sterling Hwy Roadside Two-sided Digital
 Sign

During a Hurricane/wind storm

If a hurricane or wind storm is likely in your area,
 you should:

Listen to the radio or TV for information.
 Secure your home, close storm shutters and
 secure outdoor objects or bring them
 indoors.
[Turn off utilities](#) if instructed to do so.
 Otherwise, turn the refrigerator thermostat to
 its coldest setting and keep its doors closed.
 Turn off propane tanks
 Avoid using the phone, except for serious
 emergencies.
 Moor your boat if time permits. Ensure
 a [supply of water](#) for sanitary purpose
 such as cleaning and flushing toilets.
 Fill the bathtub and other larger
 containers with water.
 Find out how to [keep food safe](#) during and
 after an emergency.

You should evacuate under the following conditions:

If you are directed by local authorities to do so. Be
 sure to follow their instructions.

If you live in a mobile home or temporary
 structure – such shelter are particularly
 hazardous during hurricane or wind
 storms no matter how well fastened to the
 ground.

If you live in a high-rise building –
 hurricane winds are stronger at higher
 elevations.

If you live on the coast, on a floodplain, near
 a river, or on an island waterway.

Read more about [evacuating yourself and your
 family](#). If you are unable to evacuate, go to your
 wind-safe room. If you do not have one, follow these
 guidelines:

Stay indoors during the hurricane/wind
 storm and away from windows and glass
 doors.

Close all interior doors – secure and brace
 external doors.

Keep curtains and blinds closed. Do not be
 fooled if there is a lull; it could be the eye of
 the storm – winds will pick up again.

Take refuge in a small interior room, closet or
 hallway on the lowest level.

Lie on the floor under a table or another
 sturdy object. You might protect yourself
 from flying object by wearing a hard hat and
 safety glasses.

Avoid elevators.

***Editor's note: Thanks to all that have
 contributed to the Newsletter this month. It
 is a little lengthy but has a lot of good
 information. Happy Valentine's Day!!***

