



STERLING COMMUNITY NEWSLETTER
November, 2014

Mark your calendar for some Happenings in the area in November

Mon/Tues/Wed @ SSC closed for floor installation
 Sun. Nov 2 @ **Soldotna Sports Center**/Dan & Julie Sullivan (& Senator Ted Cruz) 11:00/12:30
 Tues. Nov. 4th @ **SSC** Caregiver Support Meeting 1:00 pm
 Tues. Nov. 4th @ **SCC General** Election 7:00 am to 8:00 pm
 Sat. Nov 8th @ **SSC** Soup & Salad Dinner (benefit the Food Bank) 5:00 pm
 Wed. Nov 12th @**SCC** deadline for job applications
 Wed. Nov 12th @ **Kenai Visitor's Center** (Cook Inlet Harbor Safety information) 1:00/4:00 pm
 Thurs. Nov. 13th @ **SCC** Board monthly meeting (all welcome) 5:45 pm
 Thurs. Nov 13th @ **Farnsworth Park** in Soldotna (Vigil for the Homeless) 6:00 pm
 Fri. Nov. 14th @ **SCC** Fall Festival sponsored by Sterling Pentecostal Church 3:30-7:00 pm
 Fri/Sat Nov 14/15 @ **SSC** Christmas Bazar 10:00/4:00
 Thurs/Fri. Nov 27/28 @ **SSC** closed for Thanksgiving holiday
 Thurs/Fri. Nov 27/28 @**SCC** closed for Thanksgiving holiday
 Sat. Dec. 12th @ **Sterling Elementary**/Santa will be there/chocolate chip pancakes 9:00/1:00

STERLING PENTECOSTAL CHURCH:



FALL FESTIVAL November 14, 2014 The Sterling Pentecostal Church is sponsoring a Fall Festival on Friday, November 14 at the Sterling Community Center. It will be an exciting time for the kids with games, prizes, candy, and food. The activities begin at 3:30 p.m. and will continue to 7:00 p.m. Everyone is welcome for a fun family night. Please call 262-7240 for more information.

Mitchell Glover maglover@alaska.net

**Kenai Peninsula Family Caregiver
 Support Program Meeting Schedule**

Tuesday, November 4, 2014, 1:00 pm Sterling Senior Center, Caregiver Support Meeting-
 Topic: Coping with Holiday Stress

Tuesday, November 11, 2014, 1:00 pm Soldotna Senior Center, Caregiver Support Meeting-
 Topic: Coping with Holiday Stress

Thursday, November 13, 2014, 5:00 pm KPFCSP Office in the Blazy Mall, Caregiver Support Meeting-Topic: Coping with Holiday Stress

Tuesday, November 18, 2014, 1:00 pm Kenai Senior Center, Caregiver Support Meeting- Topic: Coping with Holiday Stress

Tuesday, November 25, 2014, 1:00 pm Soldotna Senior Center, 1:00 pm Caregiver Support Meeting: Coping with Holiday Stress

Please join us to share your experiences as a caregiver, or to support someone who is a caregiver. If you are helping a family member or friend by being a caregiver, come see how we can help. Please call Shelley or Judy at (907) 262-1280, for more information.

STERLING COMMUNITY CENTER NEWS:

We had a great showing at our SCC Fall Craft and Vendor Fair last month. Thank you to all the vendors that participated, and to our amazing volunteers Grace Merkes, Melissa Daugherty, Janice Smith, Matthew Daugherty, Dave Pooler, Leora Pooler, Terry Buffo, Vonnie Pierce, Dave Albright and Mario Aranda for helping provide concessions for this fun community event!

The Sterling Community Center offers several weekly activities: Pickleball on Mondays 1-3 pm and Thursdays 6-8 pm; Toddler Time on Wednesday 12-1 pm; Beginning Yoga on Wednesdays 5:30-6:30 pm; and Gym Walking on Wednesdays and Fridays 9-10 am. Yoga is \$6.00 per person. All other activities are \$3.00 per person for non-SCC Members (free for SCC Members) For a current schedule of events find the SC Center calendar at www.sterlingcommunityclub.com ("Calendar" tab), or call 262-7224 for more information.

Are you interested in starting up a class, program, or club for our community? Make it happen at the Sterling Community Center! It's a perfect way to pursue a common interest and get to know others in our community. Call Renae Wall at the SC Center, 262-7224, for more information.

Becoming a Sterling Community Center member is easy! Simply fill out an SCC Membership form and pay a 6-month or 1-year membership fee. There are Youth, Adult, Senior, and Family membership rates available. Members don't have to pay the usual \$3.00 to use the facility, and can come as often as they wish. Visit the SC Center or go to our website at www.sterlingcommunityclub.com ("Community Center" tab) for rates and a Membership Form

The General Election will be held this Tuesday, November 4. The Sterling Community Center is the polling place for Sterling District 29, Precincts 180 and 190 (Sterling No. 1 and Sterling No. 2). Polls will be open from 7:00 a.m.



to 8:00 p.m. We are located at the corner of the Sterling Highway and Swanson River Road (35040 Sterling Highway). Don't forget to vote!

The next Sterling Community Club board meeting is Thursday, November 13, at 5:45 p.m. SCC board meetings are open to the public.

The Sterling Community Center will be closed Thursday and Friday, November 27 and 28, in observance of the Thanksgiving holiday.

Want to join our Team? Renae Wall, the Sterling Community Center's Administrative Assistant/Coordinator, will be leaving us at the end of this year. The SC Center is now looking for the right person to fill this important position. Find a complete job description and job application on the SCC website at www.sterlingcommunityclub.com. Submit a completed job application and your resume to the Sterling Community Center by fax, e-mail, mail, or in person. Application deadline is Wednesday, November 12. Be available the following week for interviews. Job starts as soon as we find the right person!

Life with Hope Group

You're invited to the Life with Hope group. We meet every Monday night at Melissa Daugherty's house at 7:00 pm. The group is for ladies to get together to love and support each other. Call if you would like more information #252-5909.

Citizens Corp Tips

Citizens Corp Tips

Winter Driving: 2 Of 4 "Get Set...Then Go"

During the winter months it takes a little extra time to prepare your car for safe driving.



* Keep your engine warm at night. It gets extremely cold in Alaska, and many mornings this cold will make your car hard to start. Using a block heater will help make starts easier.

* Totally clear all the windows, the hood, the trunk and the roof of the car of snow and ice before driving. Many persons fail to totally clear off the roof area. Just the movement of the car and stops can cause snow slides onto the windshield or rear window, limiting driver vision.

* There are many kinds of windshield deicing fluids that can be sprayed on glass to help melt ice. However, these generally contain an alcohol base, which not only melts the ice, but cools the glass. Subsequently, the moisture in the air may suddenly freeze over the glass surface, obscuring driver vision.

* Moisture in the breath of a driver may also cause ice to form on the inside of the windshield. Thus, before using a deicing fluid, warm the windshield with the car's defroster to prevent it from icing over again. So, while you are warming up your car, turn on the heater and the defroster to prevent sudden fogging when you pull out.

* Start your car and let it idle a few minutes before driving in order to prevent stalling. Make sure you leave the garage doors open while doing so! Never warm up your car in a closed garage. Even if the exhaust system is in good working order, it's a good idea to drive with at least one window partially open.

*Then, drive slowly until your car is totally warmed up.

Sterling Head Start News

Sterling Head Start has had a wonderful month of enjoying the beautiful fall weather. They have enjoyed this pumpkin season by doing a number of art projects and learning about fall. The last week in October found the kids going for a nice fall walk to "the pumpkin patch". The yard was full of pumpkins. We found pumpkins with the kid's names on them, sang songs and got a treat before heading back to Head-Start for the rest of the day. Our kids are the best!!



Sterling Baptist Church

"This Hope" will be in concert at Soldotna Bible Chapel on November 8 at 7 PM." For more information please call "Grace" at 262-4865.

and

"The Liberty Quartet will be in concert on November 15 at 5 PM at the Soldotna Bible Chapel. For more information on this concert please call "Sylvia" at 394-1590 or Pastor Tim at 394-4731. Thank you!

From: Sterling Senior Center--Shae Leggett; *Hello Everyone,*

The Senior Center will be the main collection and distribution for the Share in the Giving Thanksgiving and Christmas food boxes. We will be setting up the Angel tree again this year. So if you can help with non-perishable food or a gift for someone in need or if you know of a family that could benefit, please get ahold of us at 262-6808 or drop it off at the Senior Center.



Looking forward to November, we have a Soup and Salad dinner planned for the 8th. The profits from that dinner will benefit the local Food Bank. The Food Bank plays an important part in supplying food to the needy and elderly. We work hand in hand with them for the Sterling area. The dinner is only \$10 and we hope for a good turnout.

Also in November is the Christmas Bazaar. It's going to be a great time to shop for the holidays. If you would like to rent a table or volunteer, please call Glenda at 262-2943. The bazaar is on Friday and Saturday, November 14th and 15th from 10am to 4pm. We hope to see you there.

We will be closed November 3rd, 4th, and 5th for floor installation and also 27th and 28th to observe the Thanksgiving holiday.

Have a great November and Happy Thanksgiving to all of you!

**Santa is coming to Sterling Elementary!!!
Saturday, December 13th
9:00am —1:00pm**

Come have chocolate chip pancakes and Rudolph's red punch with Santa on Saturday, December 13th, 9am to 1pm. Families can purchase pictures with Santa (or bring your own camera), and adults who aspire to become elves will be available in Santa's Secret Shop to help children purchase and wrap gifts for their family members.



With special permission from Santa and the USPS we will have a special mailbox for children to drop off their letters to Santa.

Each year the PTA purchases items to sell in the Secret Santa Shop. Donations of money or adult gift items would be greatly appreciated so that we may keep our prices affordable for our young shoppers. If you would like to make a donation please contact Amanda Larby at 953-4197.

Cook Inlet Harbor Safety Committee

This is an announcement of the upcoming Cook Inlet Harbor Safety Committee informational meeting. from: Amy Gibson amygibson@nukaresearch.com

**Cook Inlet Harbor Safety Committee Informational Meeting
Wednesday, November 12 – 2014 1:00 PM - 4:00 PM
Kenai Visitor Center Kenai, Alaska**

This public meeting will provide an overview of the results of the Cook Inlet Marine Risk Assessment and discuss the formation of a Harbor Safety Committee as path forward to reduce

the risks of marine accidents in Cook Inlet. Additional information and an agenda will be posted in the coming days at the Cook Inlet Risk Assessment website: cookinletriskassessment.com
For further information about the meeting please contact Tim Robertson at timrobertson@nukaresearch.com or 907.234.7821



Good morning!

The 2014 Candlelight Vigil for homeless, youth and families, will be held in our community.

This event will be held on Thursday, November 13th at 6:00 pm. It will take place at Farnsworth Park in Soldotna, which is located on Birch Street.

Please feel free to forward this message to anyone you feel would benefit! For more info 907-398-7738 Thank you and have a great day! Holly Palmer-Program Coordinator, PPWCA

From Linda Hutchings

Candidate for US Senate Dan and wife Julie Sullivan will be at the Soldotna Sports Center on Sunday, November 2nd from 11:00 am until 12:30pm – confirmed special guest will be Senator Ted Cruz! I would appreciate it if you could notify your Sterling Community of this event and come on out to meet Dan.



Sterling Community Center

Here are some of the projects that still need to be done at the Sterling Community Center. Now that summer is gone, you may have some extra time to volunteer here at the SC Center. We would greatly appreciate any help you can offer! Call the Sterling Community Center at 262-7224 if you can help. Thanks!!

Sterling Community Center Project List (from Bob Oakes)

- Empty & move storage shed, dirt work needs to be done at new location before moving
- Hockey rink equipment room door installation needs completed
- LED road sign needs checked out and programmed
- Projection screen and projector need installed in gym
- New push button facility access door knobs need programmed and installed
- Relief valves need changing on the boilers
- Hockey rink asphalt cracks need repaired
- Hockey rink equipment room water piping needs piped to outside of room
- Bollards around septic tank need pipe wrap welded to piling
- Shower panels need installed
- Shower handicap seats need installed

- Locker room counter tops need front solid surface trim installed
- Locker room base molding needs completed
- FRP needs installed around kitchen steam table and a quartz shelf installed
- Woman's bathroom stall panel needs changed out
- Banners need put up and some need moved in gym
- Post office roof, doors, windows, skirting and painting
- School house crawl space vents & foundation waterproof fabric and metal need work
- School house gas piping needs tied to the new piping
- Wire fencing and piping needs removed around baseball field
- Baseball field playground area needs leveled out
- Pavilion needs moved and playground equipment installed
- Parking lot areas need bad soils removed and good material placed
- Two gym wall pads need moved from the south to north wall
- Locker room thermostat needs moved
- All exterior doors need rekeyed except the front door
- Cracked windows need replaced
- Hockey rink warm-up room needs floor pads installed
- Hockey rink equipment room door needs to be installed correctly



From Editor-Grace Merkes- Hope you enjoy reading the Sterling Community Newsletter and this info is helpful to you. All your groups, churches, organizations, businesses, birthdays, weddings, graduations etc. are accepted by emailing me at merkes2@yahoo.com Thank you!!

HAPPY THANKSGIVING!!